

SUSQUEHANNA AREA SENIOR CENTER NEWS!



2427 Craley Road,
Wrightsville, PA
717-244-0340
info@sasc-craley.org
Hours Mon-Fri 8 am-2 PM

MARCH

2026

February just flew by. We kept warm with lots of fun activities. In honor of the Olympics in Milan, we had our own winter Olympics games here at the center! Curling, Skiing, and Bobsledding were a blast. We had a soup cook off, started a 6 week winter challenge and we can't forget the Valentine's Dance Party. Pastor Beth came in and did a special Ashes & Blessing event on February 18 for any members who wanted to participate.

March is promising to be another eventful month. Some surprises are in store for you, so read your newsletter and sign up for all the fun.



During tax time, we will be moving Yoga to Mondays 8:30-9:30 in the social hall. This will start February 2 and run until approximately April 13.



March Happenings

- March 2 National Nutrition Month Class
- March 4 Art – Leprechaun Hats
- March 5 Trip to Infusion
- March 9 National Barbie Day – wear pink Nail Painting
- March 10 Speaker – Beltone
- March 11 Art – Paint class
Nutrition – grocery game
- March 12 Catholic Harvest
No Bake Class
- March 16 Haircuts with Missy
Chorus Concert
- March 17 St. Patrick's Day fun
- March 18 Nutrition – Label Reading
Calendar Planning Meeting
- March 19 Raffle & 50/50
- March 20 1st day of Spring – Alice in Wonderland Party!
- March 25 Bible Study and Communion
Amish Meal bus trip
- March 26 Book Club
March Birthday Party

UPDATED AND REMINDERS

* We are thrilled to report that our membership is growing by leaps and bounds! Thank you for inviting your friends and neighbors to join us — your enthusiasm and support help make our center such a vibrant and welcoming place. As a friendly reminder, prospective members must reside in York County. Residents of Lancaster, Adams, Dauphin, and other surrounding counties are encouraged to participate in the senior centers within their own counties, as those centers rely on county-based membership funding.

Our center is contracted through the York County Area Agency on Aging (YCAAA) to serve adults age 60 and older who reside in York County. We appreciate your understanding and cooperation as we continue to support our local senior community.

*During tax time, we will be moving Yoga to Mondays 8:30-9:30 in the social hall. This will start February 2 and run until approximately April 13.

* Please remember, all fitness, pickleball and special activities have a \$3 fee unless noted.



March Activities



Bible Study

Wednesdays @ 9:30 am – March 11 & 25
Wednesday February 18th @ 10 am Ashes & Blessings
Mon, March 2 @ 9:30 am – Christ Church – **New activity**

- Blood Pressure Ck
- Calendar Planning
- Coffee Club
- Communion
- Catholic Harvest
- Chorus
- Music Lessons
- Games

Friday, March 6 @ 11:00 am
 Wednesday, March 18 @ 10:00 am
 Tuesdays and Fridays 8:30-9:30 am
 Wednesday March 25 following bible study
 Thursday, March 12 @ 10:30-11:30 am
 Mondays @ 10 am – March 2, 9, 16, 23, 30
 Mondays & Thursdays @ 9 am March 2,5, 9, 12, 16, 19, 23, 26, 31
 Wednesday, March 4 @ 12 Dominos (IA)
 Thursday, March 5 @ 11 am – Coloring (IA)
 Wednesday, March 11 @ 10 am Grocery game
 Tuesday, March 17 @ 11 am St. Patty's games
 Wednesday, March 18 @ 10:30 Scrabble (IA)
 Thursday, March 19 @ 10 am NYH/NYD
 Wednesday, March 25 @ 11 am – Thumball
 Friday, March 27 @ 9 am Word Find (IA)
 10 am Shut the Box

In Center Bingo

Monday, March 30 @ 10 am - Pokeno
Tuesdays @ 10:00 am – March 3, 10, 17, 24, 31
Fridays @ 10:00 am – March 6

Quilting

Wednesdays @ 9:00 am – March 4, 11, 18, 25

Art Class \$3/person – Sign up required

Wednesday, March 4 @ 9 am – Leprechaun Hats
Wednesday, March 11 @ 9 am Clover painting

Food Education Sign Up Required

Thursday, March 12 @ 10 am – No Bake Class \$3/fee

Haircuts with Missy – Monday, March 16 @ 9:30 am

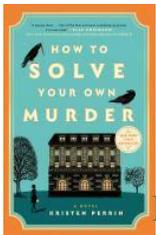
Monday, March 9th is National Barbie Day!

Wear pink, get your nails painted, and watch the Barbie Movie!

The fun starts at 9:00 am



March 2 @ 10 am
 Nat'l Nutrition Month Intro
March 3 @ 11 am
 Nutrition trivia
March 11 @ 10 am
 Nutrition grocery game
March 18 @ 9:30 am
 Nutrition – read the label



MARCH BOOK CLUB

MARCH 26 @ 10:00 am

How to Solve Your Own Murder
"How to Solve Your Own Murder" by Kristen Perrin is a gripping mystery that follows Annie Adams as she investigates her great-aunt Frances's suspicious death, uncovering family secrets and a chilling prophecy along the way.



DON'T BE LATE FOR THIS VERY IMPORTANT DATE!

**Friday, March 20
10 am**

You're invited to an Alice in Wonderland Theme party. Dress up like your favorite character and join us for a "tea party" and game of flamingo croquet.

RSVP by March 6th 😊



Upcoming Events

“Calling Our Longest-Standing Members”

As we continue to grow and welcome new faces, we also want to take a moment to celebrate the members who have been part of our center’s story the longest. Your dedication, your presence, and your support have shaped this community into what it is today.

Do you think you might be one of our “originals”? We want to find out! If you’ve been with the center for many years—or if you know someone who has—please reach out and let us know. We’re putting together a fun spotlight on our longest-standing members and want to include you!

Save the Dates

Volunteer Appreciation Month – Info TBA
 Saturday, April 25 – Community Bingo
 April 3 – Closed for Good Friday

REP. WENDY FINK INVITES YOU TO HER SENIOR EXPO

Friday, April 24

9 a.m. to noon

Chanceford Township Community Building, 33 Muddy Creek Forks Rd., Brogue, PA 17309

Older adults who live in the 94th District are invited to my free Senior Expo. Learn about state, county and local programs that support the community’s older adult population. This is also a great opportunity for family members and caretakers to get connected with resources for loved ones.

Coffee and a light breakfast will be provided.

RSVP by calling 717-244-9232 or visiting RepWendyFink.com/Events.



SUSQUEHANNA AREA SENIOR CENTER
 2427 Craley Road
 Wrightsville

BINGO

SATURDAY APRIL 25th

\$25.00

DOORS OPEN AT 11:30 AM WITH FOOD
 GAME STARTS AT 12:30 PM

\$25 cash prizes with 20 opportunities to win
 50/50 drawing and 5 Special Bingo Games.
 Tickets will be available for sale.

There will be many ways to win, and you are guaranteed to have fun!

To Purchase Tickets please contact the Center
 717-244-0340

BINGO

Susquehanna Area Senior Center The Big (FREE) SWAP

Tuesday, April 28 from 9:00-11:00 am

Please limit items 10-15 pieces. No **large** furniture, please.

Please have all your donated items here the week before. This event is for center members only.

Anything left over will be taken to Goodwill for donation. Any questions, please call Vivian @ 717-353-6607

Thank you to our members and community who supported Susquehanna Senior Center for the month of March:

Sharon & Steve Pennell
Irene Rothhaar

We appreciate your donations!

March

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Cheeseburger Seasoned Potatoes Baked Pineapple Pudding Hamburger Bun</p>	<p>3</p> <p>Meatloaf with Gravy Baked Potato Carrots Whole Wheat Bread Fresh Fruit</p>	<p>4</p> <p>Chicken Paprikash w/ Creamy Tomato Sauce White Rice Green Beans Whole Wheat Bread Fresh Fruit</p>	<p>5</p> <p>Smokey BBQ Burger Cheddar Cheese Cauliflower Soup w/ Crackers Sandwich Roll Fresh Fruit</p>	<p>6</p> <p>Fish Sandwich w/ Tartar Sauce Coleslaw Mixed Vegetable Blushed Fruit Hamburger Bun</p>
<p>9</p> <p>Sloppy Joe Country Greens Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie</p>	<p>10</p> <p>Roasted Garlic Pork Loin Peas White Rice Fresh Fruit Dinner Roll</p>	<p>11</p> <p>Kielbasa with Kraut Seasoned Potatoes Mixed Vegetables Applesauce Hot Dog Bun</p>	<p>12</p> <p>Bagged Lunch Turkey Sandwich w/ lettuce and tomato Potato Salad Fresh Fruit Brownie</p>	<p>13</p> <p>Cheese Lasagna Mozzarella, Sauce Mixed Vegetables Tossed Salad w/ Dressing Breadstick Fresh Fruit</p>
<p>16</p> <p>Sweet and Sour Chicken White Rice Oriental Blend Vegetables Mandarin Oranges Cookie</p>	<p>17</p> <p>Happy St. Patrick's Day! Corned Beef w/Cabbage Green Beans Whipped Potatoes w/Chives Rye Bread Lime Fluff</p>	<p>18</p> <p>Creamy Chicken Tortellini Chicken, Tortellini Green Beans Spiced Fruit Whole Wheat Bread</p>	<p>19</p> <p>Cheeseburger Seasoned Potatoes Baked Pineapple Tossed Salad w/ Tomato Hamburger Bun</p>	<p>20</p> <p>Breaded Fish Bean Soup Coleslaw White Bread Fresh Fruit</p>
<p>23</p> <p>Italian Meatloaf w/ Marinara Ranch Cubed Potatoes Green Beans White Bread Pineapple Tidbits</p>	<p>24</p> <p>Chicken Philly Sandwich Cream of Spinach Soup Coleslaw Hoagie Roll Cookie</p>	<p>25</p> <p>Sliced Ham with Pineapple Sauce Mashed Potatoes Green Peas Dinner Roll Cookie</p>	<p>26</p> <p>Swiss Steak w/ Onion Gravy Cabbage & Noodles Carrots Wheat Bread Pineapple Delight</p>	<p>27</p> <p>Bagged Lunch Tuna Salad w/lettuce and tomato Fruit Juice Cucumber Salad Cookie</p>
<p>30</p> <p>Sweet & Sour Pork White Rice Peas & Carrots Wheat Bread Fresh Fruit</p>	<p>31</p> <p>Chicken Cutlet with Country White Gravy Mashed Potatoes Mixed Vegetables Wheat Bread Blushed Fruit</p>			

